



**Neighbor
Helping
Neighbor**

WALK/5K RUN

Walkers and runners are invited to participate in our 5th Annual

Neighbor Helping Neighbor

Walk/5K Fun Run

A Fundraiser for Doorstep, Inc.

Location: Lake Shawnee Shelter Houses 1 & 2, West Edge Road

Date: Sunday, October 2, 2022

Check-In & Late Registration: 1:00PM to 1:45PM (Shelter House #2)

Time: One Mile Walk & 5K Fun Run to begin at 2:00PM

Celebrity Starter for the Walk/Run is:

Chris Fisher ~ WIBW-TV

We are planning to have an "in-person" event this year! Plan to join us at the Lake!

Snacks & drinks will be provided at the finish of the Walk/5K Fun Run in Shelter House #1.

Enjoy ~ Cookies, granola bars, fresh fruit, juice, & water

One Mile Walk/5K Fun Run Registration Form (Submit by 9/13/22)

Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Phone: _____ **Email:** _____ **Circle one:** Male Female

T-shirt size: Youth S, M, L _____ Adult S, M, L, XL, 2X, 3X _____

The registration cost is \$30 for individuals or pledges (\$30 minimum). T-shirt included with \$30 registration fee or on total pledges of \$100+. Registrations received after September 13th cannot be guaranteed a t-shirt. Mail registration form and check made out to "Doorstep" to: Doorstep, Inc. 1119 SW 10th Avenue, Topeka, Ks 66604 or you may register online at www.DoorstepTopeka.org.

I hereby certify the following: (1) I am physically fit and have received medical clearance to participate in the Neighbor Helping Neighbor Walk/5K Run, (2) In consideration of my participation in the Walk/Run, I, on behalf of myself, my heirs, and assigns, and my estate, hereby waive and forever discharge the sponsors, organizers, affiliates as well as their agents and employees from any and all claims that may accrue as the result of my participation, and (3) I hereby grant Doorstep, Inc. specific permission to reproduce, publish, circulate, copyright or otherwise use any and all photographs of me and/or my family taken at the Walk/Run for the use of Doorstep, Inc.

Signature

Date

Signature of parent or legal guardian if under 18